



# FORECAST

Newsletter from Lake Macquarie Yacht Club



Photo credit: Peter Mayo

## A MESSAGE FROM THE COMMODORE

The LMYC She Sails Regatta was held on 15 January and was a great start to Lakefest 2023. Perfect weather, great breeze and excellent sailing.

We have very busy weeks ahead. Our Cruising Division will hold their usual Australia Day picnic and cruise, four days of racing starting with our usual Wednesday race. This is followed by WASC Lakefest Australia Day Regatta on Thursday, LMYC Lakefest open Twilight race on Friday with the first day of LMYC Lakefest regatta on Saturday.

More sailing again the following weekend with RMYCT Heaven Can Wait regatta and our Cruising Division will be hosting a cruise in company loosely following the HCW race around the lake with a visit to Bits for Boast Bonanza at Rathmines park on Sunday morning.

Also this year the radio controlled yachts will be holding two events one at LMYC on Sunday 5 February and at WASC on Sunday 5 March.

One of the main aims of Lakefest is to promote our sport and interests to people who may be interested in joining. If you are not currently active in sailing, racing or cruising, and would like to experience our fantastic sport, we are looking to take people out on the race yachts for a Try Sailing experience. Register your interest with the club on (02) 4945 0022 and we will be in contact.

Geoff Edman  
Commodore LMYC and Chair LakeFest Committee  
Email: [commodore@myc.net.au](mailto:commodore@myc.net.au)



## LMYC- SHE SAILS OPEN REGATTA

Contributors - Eleanor Cunningham, Antonia Patterson, Sarah Gamble

The second annual She Sails Regatta was hosted by LMYC on 15 January 2023. There was an impressive number of women competing, particularly the number of all female crews (6) and the majority being at least 50% female. A total of 91 sailors participated in the Regatta (63 women, 28 men) on 13 yachts.

We had ideal conditions with a 15 knot easterly, strong enough to make the race challenging but not uncontrollable. The drinks and catering afterwards allowed for some great networking and reminiscing with old friends.

### RESULTS - 2023

**CONGRATULATIONS!**

1. eXcessive - Antonia Patterson
2. The Shed - Kylie Parker
3. Flying Colours - Susan Browne

### From the side of eXcessive

By Antonia Patterson

Our crew of 7 women worked together brilliantly doing their individual roles as well as helping out in other areas as needed which made my job of steering the boat very easy.

Most importantly, we had a lot of fun and this contributed enormously to our success and made me very proud. This regatta provides a wonderful opportunity to increase female participation in sailing on our beautiful Lake Macquarie.

**And, why the She Sails regattas are awesome!**  
**Some feedback from some of the ladies who participated in the regatta.**

'Huge lot of learnings and shot in the arm of confidence that we can do this sailing thing! Oh yes, and that boat owners who are prepared to coach are awesome.'

'Mistakes will happen and the more you sail the more knowledge you gain. The regatta gives us the opportunity to keep learning.'



Photo credit: Peter Mayo 'eXcessive'



Photo credit: Peter Mayo 'The Shed'



Photo credit: Peter Mayo 'Flying Colours'

A BIG thank you to our sponsors

LMYC

Crusoes on the Lake

Carole Wright

THANK YOU

And to our photographers, Peter Mayo & Annie Molloy  
Drone footage supplied by William Chaseling, Brett Davis  
and Morgan Frew.

And, lastly a big thank you to the boat owners who let the  
girls take over their boats for the day!



Photo credit: Peter Mayo



## RACING RULES OF SAILING

By Steven Ford

As all sailors are aware, all of our races are conducted under the Racing Rules of Sailing. Its important that we all comply with these rules for safe and fair racing.

The Royal Yachting Association (RYA) have produced a great six-part YouTube series that explains the rules.

We will advise the links to two of these episodes over the next three months. However, if you want to find the series on YouTube search "RYA Racing Rules of Sailing" and you should be able to view any of the six episodes.

This month, please find below the links to the Introduction to the Racing Rules and The Start. In subsequent months we will cover The Windward Leg, The Marks and the Run.

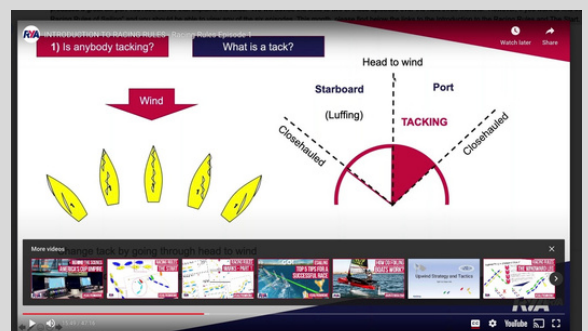
Episode 1 – Introduction to Racing Rules

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=tFCuwTuW200&list=RDCMUChy5dW4S_x8XOnoXyeLQLXQ&start_radio=1&rv=tFCuwTuW200&t=943)

[v=tFCuwTuW200&list=RDCMUChy5dW4S\\_x8XOnoXyeLQLXQ&start\\_radio=1&rv=tFCuwTuW200&t=943](https://www.youtube.com/watch?v=tFCuwTuW200&list=RDCMUChy5dW4S_x8XOnoXyeLQLXQ&start_radio=1&rv=tFCuwTuW200&t=943)

Episode 2 – The Start

<https://www.youtube.com/watch?v=KanGIVzhym0>





## ANNUAL POINTSCORE 22-23

### SATURDAY RACING 2022-23

#### Division 1

1. Dirty Deeds - Ian Humphris
2. Fathom - David Berryman
3. Mojo - Mark Benson

#### Division 2

1. Anarchie - Paul Hannan
2. Pogue Mohone - Scott Hamilton
3. Excess - Bruce Dobinson

#### Division 3

1. Excessive - David Nichols
2. Ross Street - Noel Jenkins
3. Puglsey - Len Lavers

#### Division 4

1. Even Keel - Peter Shaddock
2. The Shed - Roger Parker
3. The Apple - Warren Hodgkins



Congratulations to Richard Grimes and crew on their successful completion of the 2022 Sydney to Hobart Yacht Race on Hasta La Vista.

## WEDNESDAY SUMMER SWEEPSTAKES

Results for Race 20, 18 January 2023

#### Division 1

1. Squid4Woodsy - Steve Liddell
2. Give & Take - Russell Williams
3. Ross Street - Noel Jenkins

#### Division 2

1. Earl Grey - David Denahy
2. Yes Dear - Michael Paull
3. Lucille - Stephen Manhood



## WEDNESDAY SUMMER SERIES POINTSCORE

As at 24 January, the series Pointscore is as follows:

#### Division 1

1. Squid4Woodsy - Steve Liddell
2. Ross Street - Noel Jenkins
3. Dreadnaught - Ed Hillier

#### Division 2

1. Lucille - Stephen Manhood
2. Earl Grey - David Denahy
3. Scaramouche - John Skillicorn

## FRIDAY SAILING

### LADY SKIPPER SERIES

Race results - 20 January 2023

1. Sheer Pleasure - Mandy Maddock
2. Menace - Penny Meakins
3. Pentangle - Melissa Pollard

### FRIDAY SWEEPSTAKE/TWILIGHT

Race results - 20 January 2023

1. Pacemaker - Stephen Ianna
2. Pentangle - Damien Boldyrew
3. Sheer Pleasure - Paul Jones

[www.lmyc.com.au/race-results/](http://www.lmyc.com.au/race-results/)

## HISTORY LOCKER - CHRISTMAS REVISITED...

With many December celebration editions of the Forecast published over the last 70 years, it seems appropriate to describe some of the fun events that LMYC hosted in those early years.

The second oldest edition of the Forecast in our possession, December 1964, describes in detail a Christmas Party with the Mayor and Mayoress of Pulbah island in attendance, as well as a separate one for kids, that included meeting the man himself, Santa Claus!. On other days in the month there was a huge barbeque with an emphasis on steak, and for those more opulent-inclined, a New Years Eve Ball! (The cover of this edition was included in November History Locker).

The next issue we have on-file, December 1966, describes a "Members-Only" Xmas Party with tickets on sale for a single dollar each. This sounds great until you realise it translates into \$14.90 in today's money, which is still actually pretty good for a great night out at the club. This issue also contains an article written by one Frank Margan, of the Australian Wine Bureau detailing the finer points of taking the rules of wine-drinking to pieces. To quote the text, 'There are fairly rigid rules about the drinking of wine that have been laid down by the connoisseurs and wine snobs for centuries. Many of these rules are great fun to fracture. For instance, the man who never drinks before noon is denying himself one of the greatest pleasures of life - the Champagne Breakfast & quote: Truly, a visionary of his time.'

The other notable event of the month was the New Years Eve 39's Ball. This time, there was an additional card in play - all attendees were to wear masks, with prizes for the most humorous! I wonder which mask won, and what it looked like.

Maybe we should bring back some of these fun traditions for Christmas in 2023!

Cover of the LMYC Forecast December 1966



Contributions of sailing stories, regatta exploits and events always welcome.  
Email contribution to [admin@lmyc.com.au](mailto:admin@lmyc.com.au)





Entries are open for the RMYC Toronto 'She Sails' Regatta. The second race in the Lake Mac Tri-Series.

Visit [rmyctoronto.com.au/shesails](http://rmyctoronto.com.au/shesails) for more information and entry.

As part of the LakeFest celebrations, LMYC is hosting the Combined Twilight Race **THIS FRIDAY, 27 JANUARY**  
See you there!



This trophy (L) is a half model of Nymph and for the first time this year (and in future years) will be presented to the Best Performing Yacht competing in LakeFest. The winner will be announced at the Commodores Ball, RMYCT on 1st April 2023. Best of luck!

WE THANK OUR SPONSORS

