



COMBINED CLUBS

PULBAH SERIES

2023-24

SAILING INSTRUCTIONS

Supported by:

J R MARINE

R A MACKAY YACHT BROKERAGE

LAUGHLAN BUILDING SERVICES

LAKE MACQUARIE YACHT CLUB

The Organising Authorities (OA) will be:

Lake Macquarie Yacht Club (LMYC), located at Ada Street Belmont NSW and
Royal Motor Yacht Club Toronto (RMYCT), located at 6 Arnott St Toronto NSW and

Under the authority of Australian Sailing (AS)

1 RULES

- 1.1 Racing will be conducted under the Racing Rules of Sailing as amended, including the Australian Sailing (AS) Prescriptions.
- 1.2 Appendix T will apply.
- 1.3 Competitors shall comply with the AS Special Regulations applicable for Category 7 or above and a current Equipment Audit Form shall be lodged with one of the OA clubs.
- 1.4 While it is recognized that these Pulbah races are club pointscore races for some competitors, where a contradiction exists between club Sailing Instructions (SI's) and these SI's, then the Pulbah SI's shall take precedence.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Boards at OA clubs as well as the relevant websites under "Sailing Amendments".

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Changes to the Sailing Instructions shall be issued no later than two hours prior to the first warning signal of the day and no later than 1800 hours on the preceding day for a change in the schedule of a race.
- 3.2 Changes to Sailing Instructions shall be posted on the Official Noticeboards at OA clubs and signalled by Code Flag L displayed from their Official Flag mast.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed from the Official Flag mast at the OA clubs

5 SCHEDULE OF RACING

Heat No	Day	Date	First Warning Signal at
1	Saturday	9 Sep 2023	13:15
2	Saturday	4 Nov 2023	13:15
3	Saturday	10 Feb 2024	13:15
4	Saturday	9 Mar 2024	13:15

- 5.1 A re-sail for an abandoned race may be scheduled at the discretion of the Race Committee.
- 5.2 The races are held in conjunction with LMYC, RMYCT Pointscores.

6	DIVISION / CLASS FLAGS	(Warning Signals)
	Division 1	White Pennant
	Division 2	Green Pennant
	Division 3	Yellow Pennant
	Division 4	Blue Pennant

7 COURSES

- 7.1 The courses to be sailed shall be indicated on the Race Committee Vessel prior to the first warning signal by displaying the appropriate course flag as set out in Appendix A3.
- 7.2 A map showing the approximate locations of Marks is included in Appendix A2.
- 7.3 In some courses there is a "common finish":
 1. Division 2, 3 & 4 yachts will finish at the "common finish".
 2. Division 1 yachts shall continue racing after completing the common course to sail a full course.

8 MARKS

- 8.1 The marks to be rounded in each course are described with mark name and approximate GPS location in Appendix A1.
- 8.2 LMYC marks are a lime green cylinder approximately 1300mm high and 300mm in diameter, with a yellow cap and a 150mm wide red band approximately 400mm down from the top and inscribed with the letters "LMYC".
RMYCT marks are a yellow cylinder approximately 1300mm high and 300mm in diameter, with a white cap and inscribed with the letters "RMYCT".
- 8.3 Start Pin will be a Dan buoy bearing an orange flag.
- 8.4 **Sunken Rock Mark has been replaced by SLMASC "Middle Channel "mark which is painted in Standard LMYC colours as above. The GPS location of the new mark is S33 05.704 E151.34.753**
- 8.5 Pulbah Island and Wangi Pt are the Landforms so named.

9 THE START

- 9.1 The Race Committee Vessel (RCV) will be displaying the LMYC burgee.
- 9.2 The start line will be between a mast displaying an orange flag on the RCV at the starboard end and the start pin mark at the port end.
- 9.3 Races will be started in accordance with RRS 26.
- 9.4 Divisions will be started in the following order:
 - Division 1 (White) followed by
 - Division 2 (Green) followed by
 - Division 3 (Yellow) followed by
 - Division 4 (Blue)
- 9.5 Should any multihull boats be competing in the event; they will start last after all other divisions have started and their warning signal will be indicated with a red pennant. This is regardless of what division they are allocated to, however their elapsed times will be adjusted accordingly.
- 9.6 A spar mark bearing a red flag may be laid near the RCV, and if laid, this mark shall be passed on the same hand as the RCV when starting.
- 9.7 Individual and General Recalls shall be in accordance with RRS 29. In addition, the Race Officer (RO) may broadcast on VHF radio 71, the sail number of a boat that is On Course Side. A failure to make such broadcast or to receive such broadcast will not be considered as grounds for redress. (Changes RRS 62.1(a))

10 CHANGES TO THE NEXT LEG OF THE COURSE

- 10.1 There will be no changes to any legs of the course once the race has started.
- 10.2 The race however, may be shortened or abandoned in accordance with RRS 32.

11 THE FINISH

- 11.1 The finish line shall be between the LMYC Club mark and the LMYC Race Control Box (RCB). An inner distance mark, being a lime green cylinder shall be moored near the eastern end of the Club House finish line and shall be left on the same hand as the Race Committee Box when finishing.
- 11.2 Yachts that have finished shall not re-cross the finish line from either direction.
Yachts that do re-cross the finish line shall be penalised an additional two minutes to their elapsed time without a hearing. (Changes RRS 63.1 and A5.3)
The Race Committee may also protest a boat for a serious breach of SI 11.2.
- 11.3 For Division 1, the common finish mark acts as a rounding mark until they have completed the full course.

12 TIME LIMITS

The time limit for each Division will be four hours from its starting signal, or sunset (whichever is earlier). Yachts not finishing within their time limit will be recorded as DNF. (Changes RRS 35)

13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Protest and Request for Redress forms are available at the sailing office of OA clubs.
- 13.2 The protest time limit is 2 hours after the last boat has finished.
- 13.3 Protests will be heard at one of the OA clubs as determined by the Protest Committee at 1830 hrs on the Tuesday following the race/s unless advised otherwise by the Protest Committee Chairperson.
- 13.4 The Protest Committee shall be comprised of representatives from both clubs.

14 ABANDONMENT OF RACES & RETIREMENT OF COMPETITORS

- 14.1 Abandonment of a race due to adverse weather shall be at the discretion of the Race Committee until 1 hour prior to the first warning signal and thereafter at the discretion of the Race Officer as per RRS 27.3 and 32.1.
- 14.2 Notification of abandonment will be performed by the RC.
- 14.3 A boat retiring before, during, or after a race shall notify the Race Officer of its intention to do so by calling the RO at the earliest opportunity on the VHF channel 71 or mobile 0411 652 533.
The boat will then be scored DNF (changes RRS 63.1 and A4).
- 14.4 Any boat retiring from a race and failing to advise the RO will be scored DNC. (Changes RRS 63.1 and A5.3)

15 PROHIBITED AREAS

- 15.1 A Boat shall not pass between any permanent mooring, whether occupied or not, and the nearby shoreline.
- 15.2 Unoccupied permanent moorings are obstructions for the purpose of RRS 19.2(a & b) and are prohibited areas. Boats moored to permanent moorings are continuing obstructions for the purpose of RRS 19.2(c).
- 15.3 A boat shall not come in contact with a permanent mooring or a boat moored on a permanent mooring. A boat that does so shall complete a one-turn penalty in compliance with RRS 44.2 (Changes RRS 44.1). If the incident resulted in any damage whatsoever, it shall be reported to the RC. If required, an incident report shall also be provided to Transport for NSW.
- 15.4 All Cardinal navigation marks shall be passed on their safe waterside.

- 15.5 For the on-water safety of junior sailors, the Belmont 16s Club will raise a 900mm x 900mm pink flag on its race control vessel when their start and finish lines are in active operation. Any boat sailing through the active line will incur a DPI equal to 25% of starters without a hearing (changes RRS 63.1 and Appendix A5.3). The Race Committee may also protest a boat for a serious breach of SI 6.5.

Issued under the authority of the Combined Clubs Sailing Committee.

S Ford (LMYC Rear Commodore)

30th July 2023

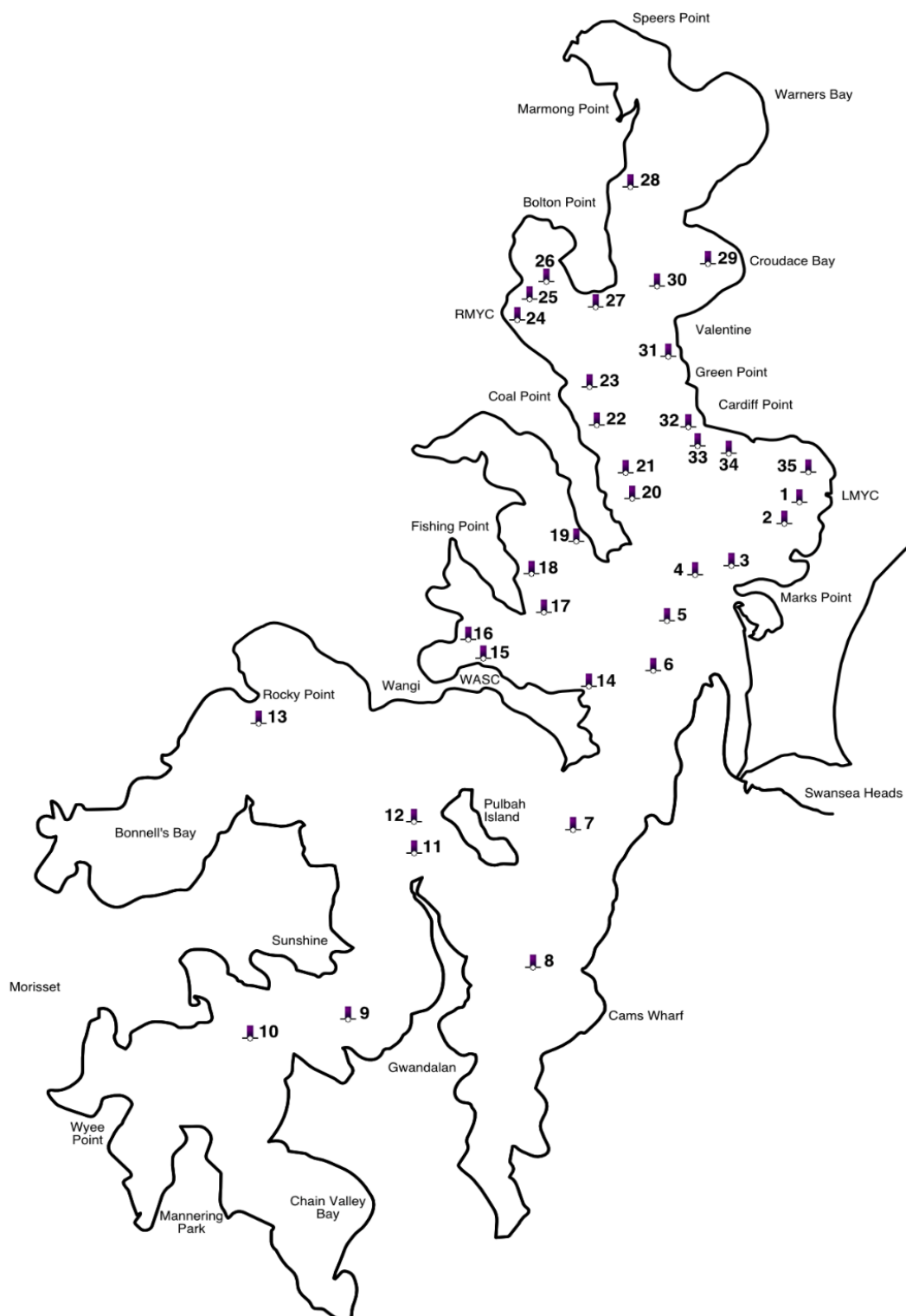
APPENDIX A1

MARKS NOMINATED IN THE SAILING INSTRUCTIONS





Mark ID	NAME	CLUB	Approx GPS Position
1	LMYC Club	LMYC	S33 02.418 E151 39.048
2	Andersons	LMYC	S33 02.609 E151 38.854
3	Marks Point	LMYC	S33 02.992 E151 38.345
4	Channel	LMYC	S33 03.117 E151 37.854
6	Swansea	LMYC	S33 04.149 E151 37.421
11	Middle Channel mark	SLMASC	S33 05.704 E151 34.753
	Wangi Point		LANDFORM
	Pulbah Island		LANDFORM
17	Fishing Point	LMYC	S33 03.486 E151 36.186
20	Coal Point	LMYC	S33 02.377 E151 37.192
22	Carey Bay	LMYC	S33 01.633 E151 36.765
32	Cardiff Point	LMYC	S33 01.672 E151 37.785
33	Belmont	RMYCT	S33 01.850 E151 37.905
34	Slip	LMYC	S33 01.936 E151 38.227
35	Albert	LMYC	S33 02.102 E151 39.116





APPENDIX A2

Mark Location Map



APPENDIX A3 COURSES

COURSE SIGNAL	 NUMERAL N° 1	 NUMERAL N° 2	 NUMERAL N° 3	 NUMERAL N° 4
Wind	Northerly	N-Easterly	Easterly	S-Easterly
Starting Line	NW of Marks Pt	NE of Coal Pt.	Vicinity of Coal Pt. mark	Vicinity of Carey Bay
White Division	Slip (34) P Channel (4) P Pulbah Is S SRM (12) S Pulbah Is S Wangi Pt P Channel (4) S Coal Pt (20) S Albert (35) S	LMYC Club (1) S Channel (4) P Pulbah Is S SRM (12) S Pulbah Is S Wangi Pt P Swansea (6) P Fishing Pt (17) S Channel (4) S Albert (35) S	LMYC Club (1) S Channel (4) P Fishing Pt P Swansea (6) S Pulbah Is S SRM (12) S Pulbah Is S Wangi Pt P Swansea(6) P Fishing Pt (17) S Channel (4) S Albert (35) S	Channel (4) S Fishing Pt (17) P Pulbah Is P SRM (12) P Pulbah Is P Wangi Pt P Channel (4) S Coal Pt (20) S Andersons (2) P Albert (35) S Club (com finish) S Cardiff Pt (32) P Andersons (2) P Albert (35) S
Club Finish	N to S	N to S	N to S	N to S
Green/Yellow Divisions	Slip (34) P Channel (4) P Pulbah Is S SRM (12) S Pulbah Is S Wangi Pt P Channel (4) S Coal Pt (20) S Albert (35) S	LMYC Club (1) S Channel (4) P Pulbah Is S SRM (12) S Pulbah Is S Wangi Pt P Swansea (6) P Fishing Pt (17) S Channel (4) S Albert (35) S	LMYC Club (1) S Channel (4) P Fishing Pt (17) P Swansea (6) S Pulbah Is S SRM (12) S Pulbah Is S Wangi Pt P Swansea (6) P Fishing Pt (17) S Channel (4) S Albert (35) S	Channel (4) S Fishing Pt (17) P Pulbah Is P SRM (12) P Pulbah Is P Wangi Pt P Channel (4) S Coal Pt (20) S Andersons (2) P Albert (35) S
Club Finish	N to S	N to S	N to S	N to S
Blue Division	Slip (34) P Channel (4) P Pulbah Is S SRM (12) S Pulbah Is S Wangi Pt P Channel (4) S Albert (35) S	LMYC Club (1) S Channel (4) P Pulbah Is S SRM (12) S Pulbah Is S Wangi Pt P Channel (4) S Coal Pt (20) S Albert (35) S	LMYC Club (1) S Channel (4) P Pulbah Is S SRM (12) S Pulbah Is S Wangi Pt P Channel (4) S Coal Pt (20) S Andersons (2) P Albert (35) S	Channel (4) S Pulbah is P SRM (12) P Pulbah Is P Wangi Pt P Channel (4) S Coal Pt (20) S Andersons (2) P Albert (35) S
Club Finish	N to S	N to S	N to S	N to S

COURSE SIGNAL	NUMERAL  N° 5	NUMERAL  N° 6	NUMERAL  N° 7	NUMERAL  N° 8
Wind	Southerly	S-Westerly	Westerly	N-Westerly
Starting Line	West of Cardiff Pt	NW of Clubhouse	West of Clubhouse	SW of Clubhouse
White Division	Channel (4) P Pulbah Is S SRM (12) S Pulbah Is S Wangi Pt P Channel (4) S Cardiff Pt (32) S Marks Pt (3) P Albert (35) S Club com finish S Andersons (2) S Belmont (33) P Marks Pt (3) P Albert (35) S	Channel (4) P Fishing Pt 17) P Pulbah Is P SRM (12) P Pulbah Is P Wangi Pt P Channel (4) S Slip (34) S Albert (35) S Club com finish S Channel (4) S Slip (34) S Albert S	Carey Bay (22) P Channel (4) P Pulbah Is P SRM (12) P Pulbah Is P Wangi Pt P Channel (4) S Andersons (2) P Coal Pt (20) S Albert (35) S	Cardiff Pt (32) P Channel (4) P Pulbah Is S SRM (12) S Pulbah is S Wangi Pt P Channel (4) S Marks Pt (3) P Carey Bay (22) S Albert (35) S
Club Finish	N to S	N to S	N to S	N to S
Green/Yellow Divisions	Channel (4) P Pulbah Is S SRM (12) S Pulbah Is S Wangi Pt P Channel (4) S Cardiff Pt (32) S Marks Pt (3) P Albert (35) S	Channel (4) P Fishing Pt 17) P Pulbah Is P SRM (12) P Pulbah Is P Wangi Pt P Channel (4) S Slip (34) S Albert (35) S	Carey Bay (22) P Channel (4) P Pulbah Is P SRM (12) P Pulbah Is P Wangi Pt P Channel (4) S Andersons (2) P Coal Pt (20) S Albert (35) S	Cardiff Pt (32) P Channel (4) P Pulbah Is S SRM (12) S Pulbah Is S Wangi Pt P Channel (4) S Marks Pt (3) P Carey Bay (22) S Albert (35) S
Club Finish	N to S	N to S	N to S	N to S
Blue Division	Channel (4) P Pulbah Is S SRM S Pulbah Is S Wangi Pt P Channel (4) S Albert (35) S	Channel (4) P Fishing Pt 17) P Pulbah is P SRM P Pulbah Is P Wangi Pt P Channel (4) S Albert (35) S	Coal Pt (20) P Pulbah Is P SRM P Pulbah Is P Channel (4) S Albert (35) S	Cardiff Pt (32) P Channel (4) P Pulbah Is S SRM S Pulbah Is S Wangi Pt P Channel (4) S Albert (35) S
Club Finish	N to S	N to S	N to S	N to S

CAUTION: - CARE MUST BE TAKEN TO CORRECTLY IDENTIFY MARKS

In some courses the 'Channel mark' may act as a passing mark rather than a rounding mark. Passing marks need not be looped.