

LAKE
MACQUARIE
YACHT
CLUB

NSW Police & Emergency Services
Sailing Club - Australia

NOTICE OF RACE

2025 Emergency Services Regatta

Mon 17th & Tue 18th NOVEMBER 2025



The Organising Authority (OA) is the Lake Macquarie Yacht Club (LMYC)
in conjunction with the
NSW Police & Emergency Services Sailing Club (NPSSC)

Under the authority of Australian Sailing
Hosted by LMYC Ada Street Belmont NSW 2280

Scan to enter



Note:

The notation '[DP]' in a rule in the NOR and SI's means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification. This change RRS 60.5(c).

The notation '[NP]' denotes that a breach of this rule will not be grounds for protest by boat. This changes RRS 60.1

The notation '[SP]' denotes a rule for which a standard penalty will be applied by the race committee without a hearing as allowed by RRS 60.5b(3).

1. RULES

- 1.1 Racing will be governed by the rules as defined in the 2025-2028 Racing Rules of Sailing (RRS).
- 1.2 The prescriptions and special regulations of Australian Sailing (AS), as may be amended [DP],
- 1.3 World Sailing's Equipment Rules of Sailing 2025-2028 (ERS) [DP]
- 1.4 In the event of conflict between any of the rules or regulations, other than RRS, the Sailing Instructions will prevail. This changes RRS 63.5(c).
- 1.5 The penalty for breaking a rule of Part 2 shall be a One Turn Penalty (one tack and one gybe in the same direction) except that for infringements within the Zone, as defined in the RRS, the penalty shall be a Two Turns Penalty (two tacks and two gybes in the same direction). This changes RRS 44.2.
- 1.6 RRS Appendix T Arbitration will apply.

2. ADVERTISING

- 2.1 Advertising shall only be displayed in accordance with World Sailing Advertising Code.
- 2.2 Boats may be required to display advertising chosen and supplied by the OA from the close of check-in through to the end of the event.

3. ELIGIBILITY

- 3.1 Entry is open to ballasted mono-hulled and multihull boats, with a minimum crew of 2.
- 3.2 All boats shall have a valid AS Special Regulations Category 7 Equipment Audit form and current 3rd Party Insurance cover to a minimum of \$10 million and Racing coverage.
- 3.3 The use of one headsail and mainsail only is allowed.
- 3.4 Each boat will have on board at least one person being a retired/serving sworn/unsworn member of the emergency services including but not limited to State & Federal Police, Fire Authorities including Rural/Bush Brigades, Ambulance, ADF Personnel, SES, VRA, Maritime Authorities, Marine Rescue NSW and Corrective Services, etc.
- 3.5 Invitation is also extended to yachts and crew that do not fit NOR 3.4 but are from amateur not for profit sailing clubs and/or organisations.
- 3.6 Entries, payment of the applicable fees and lodging entry documentation shall be made online at <https://www.lmyc.com.au/online-race-entries/>

4. ENTRY

- 4.1 An Entry shall be lodged through the electronic form available at:
<https://form.jotform.com/nswpfsailing/2025-PES-Regatta> or
on the Lake Macquarie Yacht Club website at:
(<https://www.lmyc.com.au/online-race-entries/> or
NPESSC Facebook page
(<https://www.facebook.com/NSWPoliceandEmergencyServicesSailingClub>).
Race entry will be paid electronically.
The entry fee is \$70.00 / person, \$60.00 / pensioner (ID required) and Skippers are free.
Entry fee covers Race Entry, Regatta Shirt, Breakfast on Monday morning at the Competitors Briefing and food on both Monday and Tuesday afternoon after each day's last race. The first 100 competitors to register will receive their Regatta shirt at registration on Monday the 17th Nov, after that Regatta shirts will be available for collection at a later date.
- 4.2 Entries will open on Monday 8th September and close on Monday 10 November, 2025 at 5pm. By this time all forms and payments must have been received. Any entry received after 5pm on Monday 10 November, 2025, will incur a late fee of \$20.00.
- 4.3 There is no yacht registration fee for boats. The skipper/owner attending with each boat does not have to pay an entry fee and will receive a regatta shirt.
- 4.4 In accordance with RRS46 AS Prescriptions, all persons on board a boat while racing shall be members of a Club affiliated to Australian Sailing and have an Australian Sailing number, or hold a valid Sail Pass, or if an international competitor, be a member of club affiliated to a World Sailing recognised Member National Authority.
LMYC offers a Social Crew Membership for \$9.99 for 1 year or \$27.50 for 3 years which includes an Australian Sailing Number (<https://www.lmyc.com.au/membership/>).

5. EVENT FORMAT

- 5.1 A maximum of seven (4) races are scheduled.

6. SCHEDULE

DATE	TIME (hrs)	EVENT
Monday 17 th November	0800-0900	Registration
Monday 17 th November	0900	Competitors Briefing
Racing (not before)	1055	First warning signal
Tuesday 18 th November		
Racing (not before)	1055	First warning signal
		Presentation of awards ASAP after last race

- 6.1 The Race Committee may make changes to the schedule in case of vagaries in the weather or as required.

7 SAILING INSTRUCTIONS

- 7.1 The Sailing Instructions will be available online on the regatta page of the LMYC club's website <https://www.lmyc.com.au/sailing-instructions/> by 1200hrs Monday 17th November 2025.

8 VENUE AND RACE AREAS

- 8.1 Racing shall be conducted on Lake Macquarie in the vicinity of Belmont Bay.

9 THE COURSES

- 9.1 The courses shall be a mixture of windward/leeward triangular type and passage courses as described in the Sailing Instructions.

10 DIVISIONS

- 10.1 A decision prior to Monday 0900 hours 17th November 2025 will be made on whether the fleet will race as one division or two divided divisions. This will be posted at the briefing.

11 SCORING

- 11.1 The Low Point System, RRS Appendix A, applied including the provisions of RRS Appendix A5.2.
- 11.2 In addition to penalties at the time of the incident in accordance with rules 44.1 and 44.2, boats may also take a 30% Post Race Penalty in accordance with RRS Appendix T by notifying the OA.
- 11.3 Three (3) races are required to constitute a series.
- 11.4 When seven (7) races have been completed, a boats series score will be the total of her race scores excluding her worst score.

12 RADIO COMMUNICATION

- 12.1 All boats shall carry a marine band VHF radio capable of receiving and transmitting Marine VHF channels. The radio shall be switched on at all times and tuned to the correct race committee frequency. The race committee intends to monitor VHF channel 71 and communicate race information to competitors. [DP]
- 12.2 Boats are required to use the VHF radio to report retirement from racing to the race committee and may use the radio to request assistance in an emergency. No other transmissions are permitted by competing boats during each racing day from their warning signal until the completion of their race.
- 12.3 [SP] A boat that fails to report retirement in accordance with NOR 12.2 will be scored DNC without a hearing.

13 PRIZES

- 13.1 A prizegiving ceremony will be held as soon as possible after completion of racing on Tuesday 18th November.

14 DISCLAIMER OF LIABILITY

- 14.1 Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race, which states "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.
- 14.2 The OA, NPESCC, sponsors, the race committee and other race officials are not responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.
- 14.3 All those taking part in these races are reminded of their obligations as set out in the AS Special Regulations clause 1.02 Responsibility of the Person in Charge

15 RIGHTS TO USE NAME AND LIKENESS

- 15.1 In participating in this event, a competitor automatically grants to the OA the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and which the competitor participates and in all material related to the event without compensation.

16 FURTHER INFORMATION

NSW Police & Emergency Services Sailing Club

Phone: 0409 743 238

Email: nswpfsc@gmail.com

LMYC Sailing Office

Phone: 0249450022

Email: racing@lmyc.com.au

Ross Ahrens (Sailing Administrator) MOB: 0411 652 533.