

ADAMS 10

AUSTRALIAN CHAMPIONSHIP 2026

20th – 22nd February 2026

SAILING INSTRUCTIONS

The Organising Authorities (OA) will be:

Lake Macquarie Yacht Club (LMYC), located at Ada Street Belmont NSW and
Adams 10 Metre Class Association of Australia
Under the authority of Australian Sailing (AS)

1 RULES

- 1.1 The races will be governed by the current Racing Rules of Sailing (RRS) of World Sailing and the Prescriptions and Special Regulations of Australian Sailing (AS).
- 1.2 RRS Appendix T will apply.
- 1.3 The Adams 10 Metre Yacht Association Inc. Class Rules apply.
- 1.4 The AS Special Regulations Equipment requirements of Category 7 shall apply, except that lifejackets must be a minimum of Level 50 and branded as complying with AS4758 or an equivalent overseas standard.
- 1.5 All boats shall carry a VHF radio and tuned to Channel 71.
- 1.6 The penalty for breaking a rule of Part 2 shall be a One -Turn penalty. Infringements in the Zone as defined in the RRS shall be a Two Turns penalty. This changes RRS 44.1 and 44.2.
- 1.7 The penalty for any infringement other than RRS Part 2 is at the discretion of the Protest Committee and may be less than disqualification. This changes RRS 64.1
- 1.8 When flag AP is displayed ashore, 1 minute is replaced by not less than 30 minutes. This changes RRS Race Signals "AP".
- 1.9 Appendix UF –Umpired Fleet racing may apply.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Noticeboard located in the Sailing Office as well as the LMYC website (www.lmyc.com.au/amendments-notices/)

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Changes to the Sailing Instructions shall be issued no later than two hours prior to the first warning signal of the day and no later than 1800 hours on the preceding day for a change in the schedule of a race.
- 3.2 Changes to Sailing Instructions shall be posted on the Official Noticeboard.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed from the Adams 10 Official Flag mast located on the northern deck of the Club.

5 SCHEDULE OF RACING

5.1

Day / Date 2026	Details	Hours
Friday 20 th February	Registration desk	0900-0930
Friday 20 th February	Adams 10m Yacht. Assoc. Annual General Meeting	0930 - 1030
Friday 20 th February	Briefing	1030 - 1100
Friday 20 th February	First Warning Signal	(Not before) 1155
Saturday 21 st February	First Warning Signal	(Not before) 1155
Saturday 21 st February	Welcome Dinner	1900
Sunday 22 nd February	First Warning Signal	(Not before) 1155
Sunday 22 nd February	Presentation	ASAP after racing

- 5.2 The Race Committee (RC) may make changes to the Schedule in case of vagaries in weather or as required.
- 5.3 A re-sail for an abandoned race may be scheduled at the discretion of the RC.
- 5.4 There will be no warning signal after 1500 hrs on Sunday 22nd February 2026.

6 CLASS FLAGS (Warning Signal)
Adams 10 Code Flag "T"

7 COURSES

- 7.1 The courses to be sailed shall be indicated on the Race Committee Vessel prior to the first warning signal by displaying the appropriate course flag as set out in Appendix A1.
- 7.2 A map showing the approximate locations of the course area is included in Appendix A2, (p) indicates PORT rounding & (s) indicates STARBOARD rounding.

8 MARKS

The marks for all races shall be:

- 8.1 Yellow inflatable truncated mark 1250 mm high, 500 mm diameter at top and 1025 mm diameter at base with a **RED** band 300 mm wide with LMYC logo in the middle (Appendix A3).
- 8.2 Start Pin: A Dan buoy bearing an orange flag.
- 8.3 Finish Pin: A Dan Buoy displaying a blue flag.
- 8.4 Change of course:
Yellow inflatable truncated mark 1250 mm high, 500 mm diameter at top and 1025 mm diameter at base with a **GREEN** band 300 mm wide with LMYC logo in the middle.

9 THE START

- 9.1 The Race Committee Vessel (RCV) will be displaying the LMYC burgee.
- 9.2 The start line will be between a mast displaying an orange flag on the RCV and the start pin mark at the port end.
- 9.3 Races will be started in accordance with RRS 26.
- 9.4 An Inner Distance Mark (IDM) bearing a red flag may be laid near the RCV, and if laid, this mark shall be passed on the same hand as the RCV when starting.
- 9.5 Individual and General Recalls shall be in accordance with RRS 29. In addition, the Race Officer (RO) may broadcast on VHF radio the sail number of a boat that is "On Course Side". A failure to make such broadcast or to receive such broadcast will not be considered as grounds for redress (Changes RRS 61.1(a)).

10 THE FINISH

- 10.1 The finish line shall be between the Finish Pin and the RCV displaying a blue flag.
- 10.2 All yachts that have finished shall keep clear of the finish line until all boats have finished racing.

11 TARGET TIMES & TIME LIMITS

- 11.1 The target time for the first boat to finish in each race will be 50 minutes.
- 11.2 Failure to meet the target time will not be grounds for protest.
- 11.3 Time limit for each race will be 1.5 hours or 15 minutes after the first boat finishing (whichever is earlier).
- 11.4 Yachts not finishing within their time limit will be scored a DNF which equals # Finishes+2 (Changes RRS35, A4, A5).

12 PROTESTS AND REQUESTS FOR REDRESS

- 12.1 Protest and Request for Redress forms are available at the Sailing Office or Club Reception.
- 12.2 The protest time limit is 1 hour after the last boat has finished the last race of the day.
- 12.3 Protests will be heard at a time determined by the Protest Committee and notified to the parties ASAP.
- 12.4 Reopening a hearing: RRS 66 is changed by adding: "On the last day of racing, a party to the hearing may ask for a reopening no later than 30 minutes after being informed of the decision."

13 ABANDONMENT OF RACES & RETIREMENT OF COMPETITORS

- 13.1 Abandonment of a race due to adverse weather shall be at the discretion of the Race Committee until 1 hour prior to the first warning signal and thereafter at the discretion of the Race Officer as per RRS 27.3 and 32.1.
- 13.2 Notification of abandonment will be performed by the RC.
- 13.3 A boat retiring before, during, or after a race shall notify the Race Officer of its intention to do so by calling the RO at the earliest opportunity on the VHF or PRO on mobile 0411 652 533. The boat will then be scored DNF (changes RRS 63.1 and A4).
- 13.4 Any boat retiring from a race and failing to advise the RO will be scored DNC. (Changes RRS 63.1 and A5.2).

14 PROHIBITED AREAS




- 14.1 A Boat shall not pass between any permanent mooring, whether occupied or not, and the nearby shoreline. It shall keep a safe distance from boats that are anchored or not underway.
- 14.2 Unoccupied permanent moorings are obstructions for the purpose of RRS 19.2(a & b) and are prohibited areas. Boats moored to permanent moorings are continuing obstructions for the purpose of RRS 19.2(c).
- 14.3 A boat shall not come into contact with a permanent mooring or a boat moored on a permanent mooring. A boat that does so shall complete a one-turn penalty in compliance with RRS 44.2 (Changes RRS 44.1). If the incident resulted in any damage whatsoever, it shall be reported to the RC. If required, an incident report shall also be provided to Transport for NSW.
- 14.4 All Cardinal navigation marks shall be passed on their safe waterside.
- 14.5 For the on-water safety of junior sailors, the Belmont 16s Club will raise a 900mm x 900mm pink flag on its race control vessel when their start and finish lines are in active operation. Any boat sailing through the active line will incur a DPI equal to 25% of starters without a hearing (changes RRS 63.1 and Appendix A5.3).

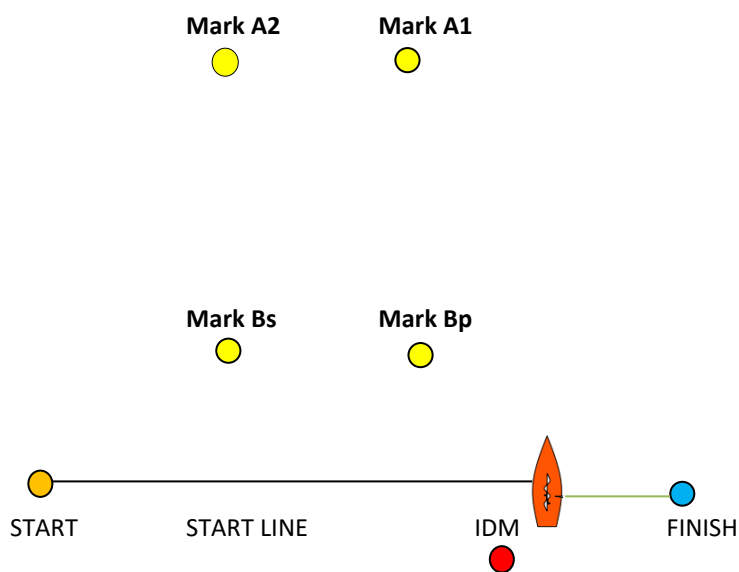
Issued under the authority of the Sailing Committee.

P Cunningham LMYC Rear Commodore

19th November 2025

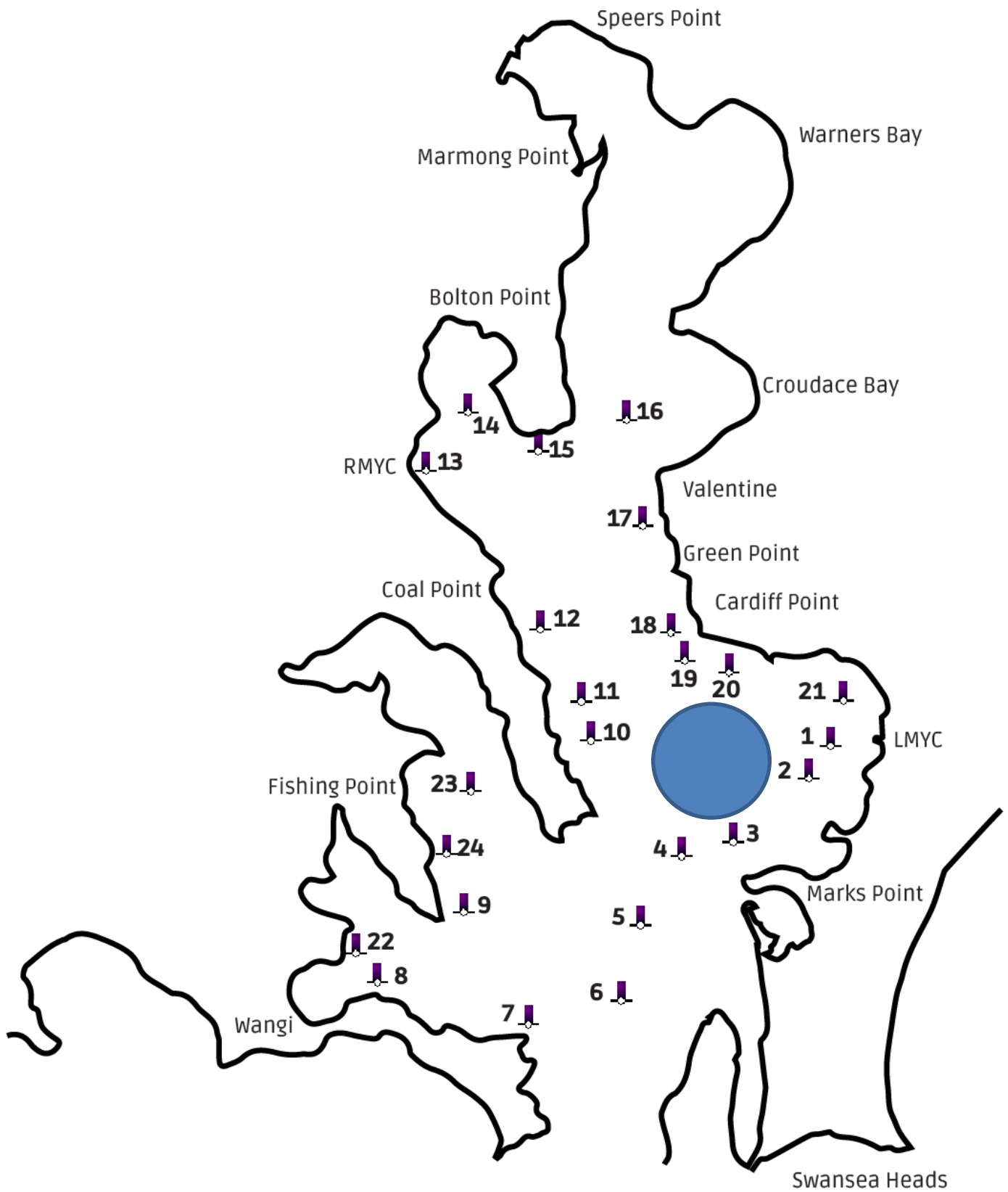
APPENDIX A1

Numeral 1		Start – A1(p) -A2(p) - Finish
2		Start –A1(p) -A2(p) -Gate Bp(p) or Bs(s) – A1(p) -A2(p) - Finish
3		Start - A1(p)-A2(p) -Gate Bp(p) or Bs(s)- A1(p)-A2(p) – Gate Bp(p) or Bs(s) – A1(p)-A2(p)-Finish



APPENDIX A2

Course Location Map



APPENDIX A3

