

INSTITUTE OF CHARTERED ACCOUNTS **SAILING DAY**

THURSDAY 19th March 2026

SAILING INSTRUCTIONS

Rules

- 1.1 The race will be sailed under the current Racing Rules of Sailing and the current Prescriptions and Special Regulations of Yachting Australia.
- 1.2 The Special Regulations of Australian Sailing for Category 7 races shall apply.
- 1.3 A yacht shall each carry a current third-party insurance cover in the sum of \$10,000,000
Only a yacht complying with these conditions are considered as entrants.
- 1.4 The race will be conducted under TCF conditions with competitors being allocated to group starts determined by the Racing Committee.
- 1.5 All boats shall carry a VHF radio (minimum 5 watt) and tuned to channel 71.

Briefing

- 2.1 Guests and Skippers will meet in the Clubhouse from 1230
Briefing for Skippers and guests will be at 1300

Start/Finish Line

- 3.1 The start/finish line will be a line drawn between the Race Committee Box (RCB) on the SW corner of the LMYC marina and the Start/Finish mark (Marks). A lime green inner distance mark shall be taken on the same hand as the RCB when starting or finishing.

Recalls

- 4.1 Individual Recalls shall be in accordance with RRS 29.
In addition, the Race Officer (RO) may broadcast on VHF radio (Chan 71) the sail number of a boat that is On Course Side (OCS). A failure to make such broadcast or to receive such broadcast will not be considered as grounds for redress. (Changes RRS 62.1(a))

Marks

- 5.1 All marks (except shorten course mark) including the Start/finish mark shall be LMYC permanent marks – a lime green cylinder approximately 1.2 m high x 300mm diameter with a red band and a yellow cone atop. Pulbah Island and Wangi Point are the landforms so named.
- 5.2 Shorten course mark: Galgabba (WASC) lime green cylinder 1.2m high x 300 mm diameter with black band near waterline.

Communications

- 6.1 A boat retiring before, during or after a race shall notify the RC of its intention to do so by calling the RO on mobile: 0414 450 022 or VHF (Channel 71) at the earliest opportunity. The boat will be DNF. (Changes RRS 63.1 and A4)
 Any boat retiring from a race and failing to advise the RC will be scored DNC. (Changes RRS 63.1 and A5.3)

Start Time and Starting Signals

TIME	FLAGS	SIGNAL	MEANING
1355		A ↑	All Groups Warning
1356		↑	All Groups Preparatory
1359		↓	All Groups - 1 minute
1400		A ↓	Group A Start
		B ↑	Group B Preparatory
1405		B ↓	Group B Start
		C ↑	Group C Preparatory
1410		C ↓	Group C Start
		D ↑	Group D Preparatory
1415		D ↓	Group D Start
		E ↑	Group E Preparatory
1420		E ↓	Group E Start
		F ↑	Group F Preparatory
1425		F ↓	Group F Start
		G ↑	Group G preparatory
1430		G ↓	Group G Start

Course: Refer to Mark Location Map Appendix ‘A1’ of these instructions

8.1 The course to be sailed will be indicated by a numeral pennant displayed from the RCB at the warning signal: -

Numeral Pennant 1		Numeral Pennant 2	
Start LMYC	N-S	Start LMYC	S-N
Channel	P	Albert	P
Pulbah Island	S	Carey Bay	P
Mid Channel Mark	S	Pulbah Island	S
Wangi Point H/land	P	Mid Channel Mark	S
Swansea	P	Wangi Point H/land	P
Fishing Pt	S	Channel	S
Channel	S	Albert	S
Albert	S	Finish LMYC	N-S
Finish LMYC	N-S		

All cardinal marks encountered on the course shall be passed on the prescribed hand.

Shortened Course

9.1 If “S” Flag is displayed on the Flag staff at the Race Control Box (before warning signal), Course will be shortened so that “GALGABBA” mark (WASC), replaces Pulbah Island and Mid Channel mark.

The mark shall be left to PORT (P) when rounding. (Galgabba location is approximately midway between Wangi Point and Pulbah Island (no. 7 on Appendixes 1 & 2)).

Race results and scoring

10.1 Results will be calculated on TCF handicap with the lowest corrected time scored first, the next lowest corrected time second, and so on. (Refer RRS A4, A5.2)

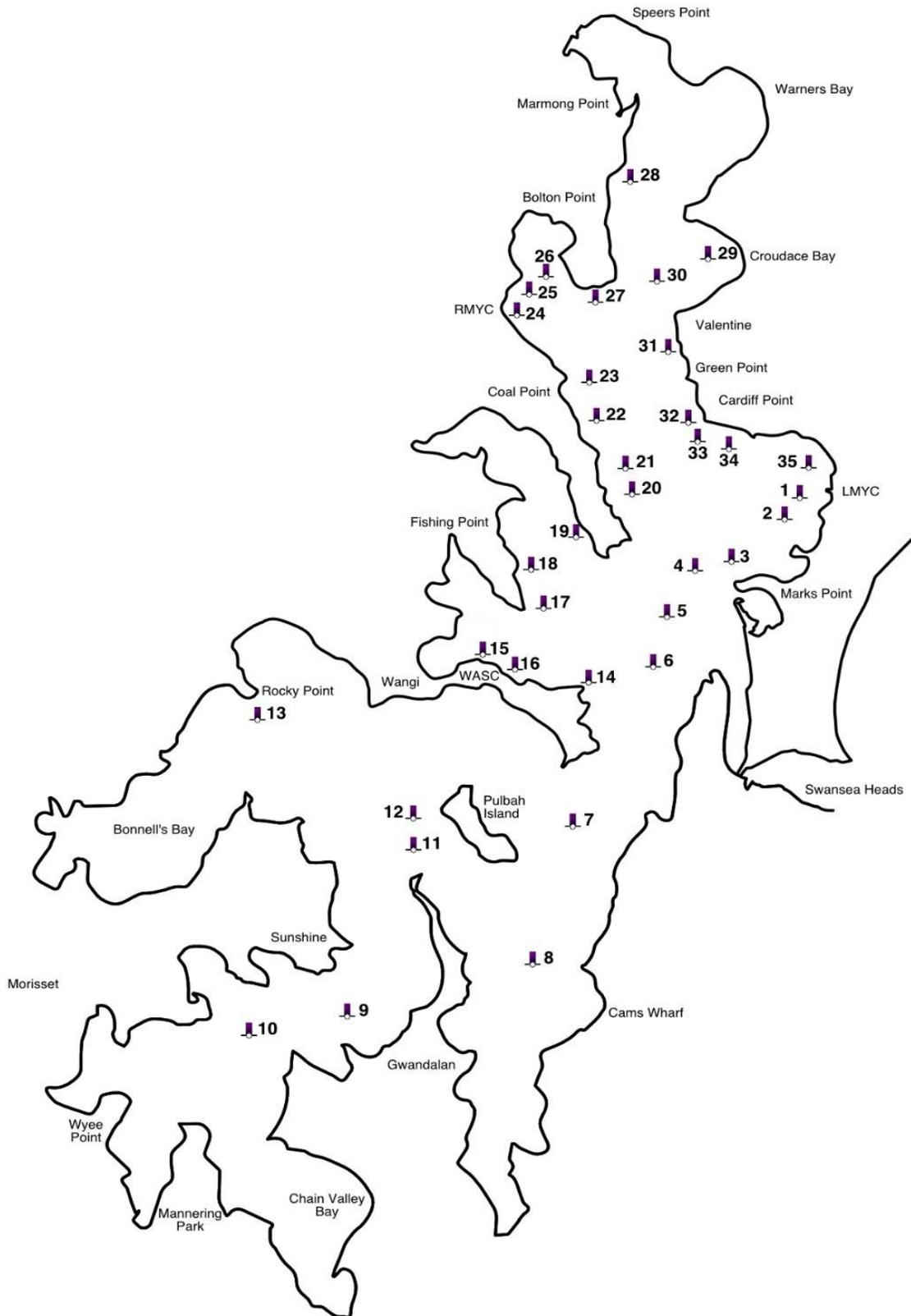
Prizes

Prizes will be awarded at the Dinner by and at the discretion of, the Institute of Chartered Accountants

Ross Ahrens
Sailing administrator on behalf of:

RACE TEAM
LAKE MACQUARIE YACHT CLUB

Appendix A1 LMYC Mark Location Map



Appendix A2

Mark ID	Name	Club	Approx. GPS location
1	LMYC Club	LMYC	S33 02.418 E151 39.048
2	Andersons	LMYC	S33 02.609 E151 38.854
3	Marks Point	LMYC	S33 02.992 E151 38.345
4	Channel	LMYC	S33 03.117 E151 37.854
6	Swansea	LMYC	S33 04.149 E151 37.421
7	Galgabba	WASC	S33 05.656 E151 36.540
11	Mid Channel Mark	SLMASC	S33 05.704 E151 34.753
17	Fishing Point	LMYC	S33 03.486 E151 36.186
20	Coal Point	LMYC	S33 02.377 E151 37.192
22	Carey Bay	LMYC	S33 03.872 E151 37.440
35	Albert	LMYC	S33 02.102 E151 39.116